

YOUR PASSPORT TO HEALTHY TRAVEL



MCNT
Medical Clinic of North Texas
TRAVEL HEALTHY

www.MCNT.com/TravelHealthy

Whether for business or pleasure, the excitement of international travel - new places, faces, languages and cultures - can sometimes make us forget about taking the necessary health precautions. The MCNT Travel Healthy Program strives to provide education and preventive measures, ideally to reduce the health risks associated with international travel.

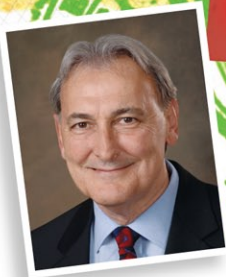
At MCNT, the health and safety of our patients is of utmost importance. Our team of health professionals is available to assess each traveler's individual needs, prescribe prophylactic medication, administer appropriate vaccines, and discuss precautionary measures for dietary and recreational activities.

We won't send you off unprepared.

Each patient is educated on the current health risks and requirements for their particular travel destination. Sources such as the Centers for Disease Control (CDC), International Society of Travel Medicine and World Health Organization (WHO) help us to stay abreast of the most current developments in Travel Medicine.

Travel Healthy Memberships:

- International Society of Travel Medicine (ISTM)
- American Society of Tropical Medicine and Hygiene (ASTMH)



**Richard C.
Johnston, M.D.**

Internal Medicine

The founder of Travel Healthy, Dr. Johnston is board certified in Internal Medicine. With exam certification from both ISTM and ASTMH, Dr. Johnston advises several large corporations and has medical contacts in most of the major cities around the world.

NURSE PRACTITIONER:
Kristin Mrunstik, FNP-C

SERVICES WE PROVIDE:

- Comprehensive assessment of traveler's itinerary and health history.
- Required and appropriate immunizations based on country specific requirements and individual needs.
- Expert counseling regarding: food and water safety, insect borne illnesses, traveler's diarrhea, malaria prophylaxis, altitude sickness, and other travel-related health and prevention issues.
- Post-travel medical consultation in conjunction with our Infectious Disease physicians, for the returning traveler with fever or other travel-related symptoms.
- Services for students, religious organizations and recreational travel vacations.
- Development of corporate relationships for group or frequent work-related travel.

For Travel Healthy Forms including information about vaccines, please visit:

www.MCNT.com/TravelHealthy



**Parisa Ann
Suthun, M.D.**

*Internal Medicine &
Infectious Disease*



Dr. Suthun is board certified in Internal Medicine and Infectious Disease. She trained in the U.S. Air Force and served in Kuwait in 2003 and in Iraq in 2004-05. She completed her Fellowship in Infectious Disease at Wilford Hall Medical Center at Lackland AFB, Texas and has completed extensive study in Tropical Medicine.

PAYMENT OPTIONS

Payment is due at time of service. MCNT Travel Healthy accepts Visa[®], MasterCard[®], American Express[®], cash and personal checks. We will provide you with all information needed to file your own insurance.

Corporate Accounts can be set up for business/group travel.



MCNT TRAVEL HEALTHY

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