

## Normal Development: 1<sup>st</sup> Month

Here's what you might see your baby doing between the ages of 2 weeks and 2 months.

### Movement

- Movements gradually become smoother and more controlled.
- Lifts chin for a few seconds when lying on tummy.
- Cannot support head without assistance.
- Grasps whatever is placed in hand.

### Vision and Hearing

- May follow some moving objects with eyes.
- Explores surroundings with eyes.
- Turns in direction of some sounds.

### Interactive Behaviors

- Gives more precise meaning to crying (hunger, discomfort, excitement).
- Cries when left alone; usually stops when picked up.
- Makes variety of gurgling and cooing sounds when happy and content.
- Makes eye contact.
- May quiet down in response to human face.
- Responds positively to being held and comforted.
- May smile socially at familiar faces and voices, especially mother's voice.

Each child is unique. It is therefore difficult to describe exactly what should be expected at each stage of a child's development. While certain behaviors and physical milestones tend to occur at certain ages, a wide spectrum of growth and behavior for each age is normal. These guidelines are offered as a way of showing a general progression through the developmental stages rather than as fixed requirements for normal development at specific ages. It is perfectly natural for a child to attain some milestones earlier and other milestones later than the general trend. Keep this in mind as you review these milestones.

If you have any concerns related to your child's own pattern of development, check with our office.